The Hampden Hippocrat

A Bulletin for the Hampden District of the Massachusetts Medical Society

VOLUME XVII JANUARY, 1961 NO. 1

THE DOCTOR AND HIS HOBBY
(See Page 12)

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Founded 1840

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The Hampden Hippocrat

"Life is short and art is long, the occasion fleeting, experience fallacious and judgment difficult."
Hippocrates

Published monthly except July and August

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THE HAMPDEN HIPPOCRAT, JANUARY, 1961

EDITORIALS

SAVE THIS ISSUE!

The current issue of the Hippocrat carries a revision of our by-laws as proposed by a special By-laws Committee appointed by President Palermo some three months ago. Our Society will be called upon to act on this revision at a meeting scheduled for January 31, 1961.

It is sincerely hoped that the membership will study with care the revision before coming to the meeting. Special attention is called to the "Introduction" (Page 14) in which are outlined the several more important changes proposed by the committee, and incorporated in the new revision.

The relatively large number of changes suggested is significant, considering that only five years have elapsed since the adoption of our existing by-laws. It bespeaks the eventful and turbulent times in which we live. Curiously enough, our State Society, too, has found it necessary to adopt quite a number of amendments of late; so many in fact that it has discontinued distributing, temporarily at least, printed By-laws to the entire membership but will forward an up-to-date mimeographed copy to any member requesting it.

NEXT DISTRICT MEETING JAN. 31 (See Page 9)

The only regrettable change proposed by our committee is the deletion of the provision for alternates to the state committees on Public Relations and Legislation, as provided in our existing by-laws. This deletion was mandatory as it was found to be in conflict with the by-laws of the Massachusetts Medical Society. Hampden District at its last meeting, it should be recalled, adopted a resolution urging an amendment to the state by-laws which would legalize such alternates to these very important committees.

Most important just now, however, is to review the proposed by-laws carefully and to come to the meeting prepared to act on them intelligently. Bringing this copy along with you should expedite our deliberations to a considerable degree.

M.

THE MEDICAL SCHOOL ISSUE

At our last meeting Hampden District took action worthy of note. It concerned the proposed state medical school, and the action taken was in the form of a resolution which reads as follows: "Although Hampden District does not feel the need of a medical school in Massachusetts, if a medical school should be established in Mass. it should be established as a branch of the University of Mass. in Western Mass."

The objection to an additional medical school in our Commonwealth was undoubtedly based on the knowledge that our tax-weary state was already blessed with one of the highest ratios of medical school facilities and physicians in the United States. The preference for Western Mass. (should our legislators insist on establishing a state-supported medical school) is also understandable, since Boston already had three of the nation's 85 medical schools, while we, in the western part of the state had none at all.

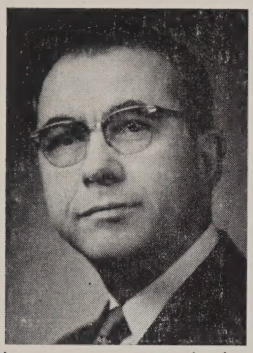
Shortly after the action taken by our Society the State Senate by a standing vote of 10 to 4 side-tracked the $14 million medical school bill, passed by the House, and substituted for it, a $100,000 study to be completed in three months. The final outcome is therefore difficult to predict. What is significant, however, is that we, as a medical society, have taken a definite stand. As physicians we are reminded often enough that we should concern ourselves with every medical and health problem confronting our community. This Hampden has done, at least with reference to the medical school controversy which prevails today in our midst.

M.

PRE-COUNCIL MEETING

A pre-council meeting of the Hampden District Medical Society was held at Springfield Hospital on Thursday, December 29, 1960. In addition to the Executive Councilor Dr. Johnson, who presided, the following councilors were in attendance: Drs. Allan, Baker, Gillis, Miller, Millman, Palermo, Potsubay, Reilly, Rini, Smith and Tillman.

President's Page



REORGANIZING THE EXECUTIVE COMMITTEE

Let us all study our newly proposed by-laws carefully.

Our existing by-laws have been in need of reviewing for some time. With this thought in mind our By-laws Committee has devoted many hours of hard and diligent work toward the remodeling of our Society rules. In addition to the most up-to-date by-laws of the M. M.S., the by-laws of several other districts were studied and scrutinized.

Of the several changes proposed, the most important one deals with the reorganization of the Executive Committee. At the present time the several leading components of our Society have little contact with the Executive Committee, except, perhaps, through the Secretary. For example, the Supervising Censor, under existing by-laws, runs a little show all his own. As Chairman of the Board of Censors he is responsible for the screening, examining and admitting of new members (the life-line or feeding-line of our Society). As a member of the Executive Committee, according to the proposed by-laws, he will be able to post the top-echelon of the Society of his activities and problems, - and also to participate in discussions. So it is, too, with the chairmen of the Legislative and Public Relations Committees, - very important committees, you will agree.

The Executive Councilor, who is the liaison member between us and the Executive Committee of the State Society, is also to be brought into the district Executive Committee (which might really be called The Board of Directors of Hampden District). Here, again, with the existing by-laws, the Executive Councilor is in a slot all his own. He is "The Chief" of your councilors, - yet his activities are not coordinated with the policy-forming body of your Society. As a member of the Executive Committee he will have the opportunity to keep your Directors informed on the State level. Another important worker in your behalf is the Editor-in-Chief of the Hippocrat, the official bulletin of our society. He, too, is proposed for the newly organized Executive Committee. Here we have a member, who by virtue of his position, is well informed about Society affairs, and organized medicine in general. For sheer information alone, to say nothing about his advice, opinion and judgment, he is invaluable. For him, it will mean adding another monthly meeting to an already strained schedule. But his great store of information will be a most valuable asset to your officers and the Executive Committee.

There are other important changes, too. Therefore, study your by-laws carefully, be ready to give us your ideas, be receptive to the ideas of others, and come prepared to vote.

Alfonso A. Palermo, M. D.

EXECUTIVE COMMITTEE
(Meeting Highlights)

The December 20th meeting was called to order at 5:30 by President Palermo. Present were Drs. Burke, Brown, Miller, Kennedy, Pfeiffer, Corcoran, Whitney and Smith.

The entire meeting was devoted to a discussion of placing the Society on a business-like basis, with particular emphasis on securing an executive secretary. The following proposals were discussed at length:

1. The possibility of a loose union with the Springfield Academy of Medicine, each society contributing to an office and secretary. This will be studied on a broader basis as a future possibility.

2. The possibility of renting an office (possibly at $1.00 per year) with a full time secretary at a salary of about $3500 per year, was discussed. The office would contain for example a desk, typewriter, files, dictating machine and listed phone. This office might also mail district notices, possibly absorb duties of treasurer's secretary. Secretary's services would be available also to President. Vice-President, Secretary, and Treasurer as well as to chairmen of various committees. It is felt that a phone available from 9 to 5 p.m. five days a week with a pleasant, tactful, intelligent secretary would help the Society's public relations considerably. The approximate cost per member would be $10.00 per year.

3. Professional secretary and public relations through a local firm on a part time basis at a minimum *starting* price of $3600 per year.

4. Full time program with office, secretary, public relations man, billing and collecting agency, etc. Initial cost $18,000.

5. Retired member or industrial physician, with possibility of hired secretary. Minimum cost $600 per year for retired member only.

It was the consensus of opinion of the Executive Committee that plan #2 would offer the most advantages to our present District Society, and a public relations firm might be used as an adjunct from time to time on a temporary basis. The committee is investigating this plan. Meeting adjourned at 6:55 p.m.

Ray T. Smith, M. D.
Secretary

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MENTAL HEALTH COMMITTEE

(Presented December 6, 1960)

This is not a formal report on the Mental Health Committee but rather a report on two occurrences that relate to our interest in mental health.

Our Committee has had one meeting since the Society's annual meeting and the business discussed is not yet ready for reporting.

On November 26, Channel 22 presented an informational program in which they mentioned existing local psychiatric resources. The following participated:

Dr. Clark—Director of the State Clinic at Municipal Hospital

Dr. Fein—Psychiatrist at local Veterans' Administration

Dr. Goodman—Superintendent of Northampton State Hospital

Miss Mary Alys Parker—Psychologist at Child Guidance Clinic

Mr. Houghton—Member of Board of Directors of Hampden District Mental Health Clinic

Mr. Van Valen—Executive Secretary of the Mass. Mental Health Association

In my opinion, the program was well done. However, there were comments —the essence of which was that it was not sufficiently clear as to who represented the various agencies.

Olive A. Cooper, M. D.,
Chairman

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AUXILIARY DOINGS

Annual Holiday Tea

There is no doubt there exists within the Auxiliary a vast, untapped potential of energy and ingenuity amongst its members in Westfield and West Springfield.

Under the direction of Mrs. Edmund Piszczek, chairman of the Holiday Tea, this new approach to this program attracted nearly two hundred members and their doctor husbands on Sunday afternoon, December 4.

The colorful surroundings of the Shaker Farms Country Club and the beautifully decorated dining room with the huge silver bowl of egg nog and the Christmas tid-bits were enjoyed by all.

The members of the Auxiliary singing Christmas carols under the direction of Mrs. Walter Williams, and the entertainment and togetherness offered by its own members, represented a spirit worth a million dollars—yet the actual cost was one dollar for a member and her husband.

This is what makes being a member of the Woman's Auxiliary to the Hampden District Medical Society a challenging and satisfying experience.

Again - a Happy Holiday, a Merry Christmas, and a wonderful New Year to all.

Mrs. Harry A. Baker, President
Woman's Auxiliary to the Hampden
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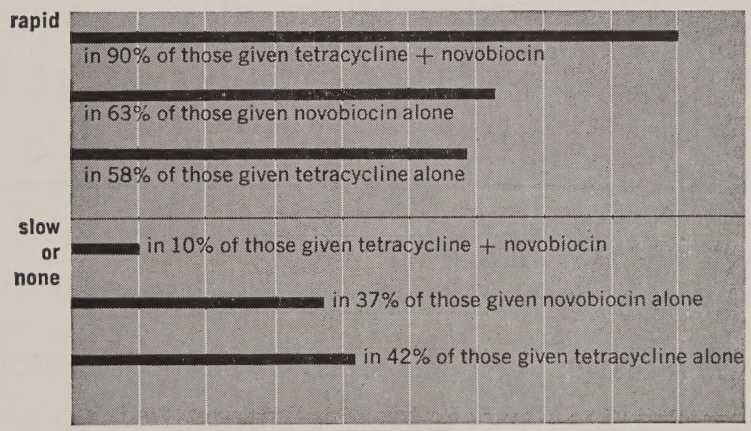
rapid
in 90% of those given tetracycline + novobiocin
in 63% of those given novobiocin alone
in 58% of those given tetracycline alone
slow or none
in 10% of those given tetracycline + novobiocin
in 37% of those given novobiocin alone
in 42% of those given tetracycline alone

1. Birkett, F. J., and others: Lancet *1*:838 (April 18) 1959.

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IN MEMORIAM

FREDERICK W. CELCE, M. D.

1896 - 1960

Dr. Frederick W. Celce of Holyoke, Mass., died at his home on December 21, 1960.

Dr. Celce was born in Holyoke on December 12, 1896. After graduating from Dartmouth College, Hanover, N. H., he went on to receive his medical degree from Harvard Medical School in 1925. Thereupon, he served his internship and residency in surgery at the Lankenan Hospital, Philadelphia, Pa. In 1927, Dr. Celce began his practice in Holyoke and has served the people of that area ever since.

Dr. Celce served on the staff of the Holyoke Hospital where he had been chief of surgery for the past 15 years, and he was also on the staff of the Providence Hospital.

Dr. Celce was a member of the American College of Surgeons, the American Medical Society, the Mass. Medical Society, and the Hampden District Medical Society. He also served with distinction in the U. S. Army during World War I.

Deepest sympathy is extended to the surviving members of his family and to his many friends and associates.

COMING EVENTS

HAMPDEN DISTRICT MEDICAL MEETING, JANUARY 31, STORROWTON

DISTRICT EXECUTIVE COMMITTEE MEETING, JANUARY 17

MASSACHUSETTS MEDICAL SOCIETY COUNCIL MEETING, FEBRUARY 1, BOSTON

SPRINGFIELD ACADEMY OF MEDICINE, FEBRUARY 14, 1961, MUNICIPAL HOSPITAL

AMERICAN COLLEGE OF ALLERGISTS, GRADUATE COURSE AND ANNUAL CONGRESS, MARCH 12 - 17, STATLER HILTON, DALLAS, TEXAS

M. M. S. ANNUAL MEETING, BOSTON, MAY 22, 23 and 24

NEXT HAMPDEN DISTRICT MEETING

TIME: Tuesday, January 31
Social Hour 6 p.m.*
Dinner (at expense of Society) 7 p.m.

PLACE: Storrowton
1305 Memorial Avenue
West Springfield

AGENDA:
(1) ? Executive Secretary
(2) By-laws (see page 14)
(3) Committee Reports
Other ethical, organizational and socio-economic affairs.

YOUR PRESENCE IS URGENTLY REQUESTED

Ray T. Smith, M.D.
Secretary

*PLEASE NOTE CHANGE IN TIME

MERCY HONORS STAFF VETERANS

L. to r.: Dr. A. J. Connelly, (President of the Staff), Rev. J. A. Russell, Drs. A. J. Horrigan, J. P. Derby, W. L. Connery and S. Segal, Jr. (Missing are Drs. J. L. Chereskin, W. S. Conway, W. J. Dillon, W. J. Mullen and H. F. Owens.)

At the Annual Mercy Hospital Staff Dinner (November 30, 1960) special citations were presented to nine of its veteran members for their more than 35 years of faithful and loyal service to the hospital. The presentations, in behalf of the hospital trustees, were made by Reverend J. A. Russell. The recipients were Drs.: A. J. Horrigan, J. P. Derby, W. L. Connery, S. Segal, Jr., J. L. Chereskin, W. S. Conway, W. J. Dillon, W. J. Mullen and H. F. Owens.

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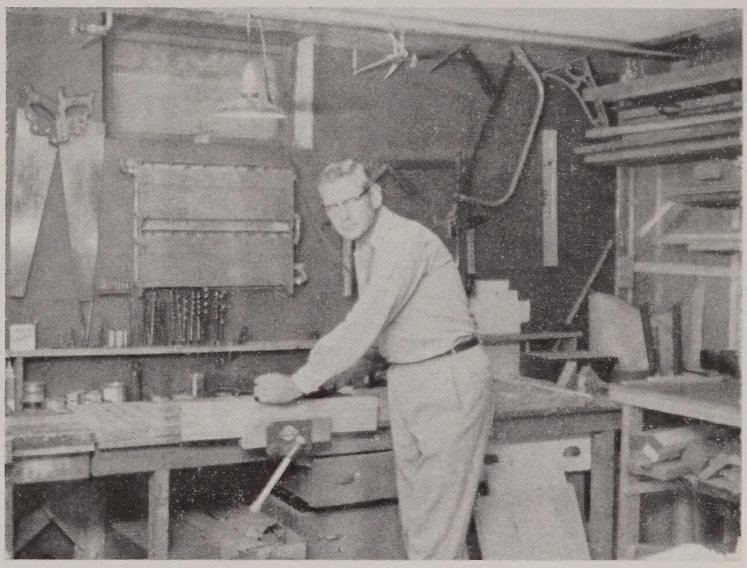
3768

THE DOCTOR AND HIS HOBBY

VII — Cabinet Making



"There we were, all married, our furniture budget exhausted and two large gaping spaces, one begging for a desk and the other for a book case." Guided by that tired old adage about necessity and inventiveness Malcolm called up out of the distant past those courses in "shop" and "mechanical drawing", and with these bits of knowledge, a few tools from the nearest shop and some lengths of board, fashioned a sturdy book case and a desk more pleasing to the eye but of more limited usefulness. Somehow the desk seemed to have more top than the legs were designed to sustain. It was all right if one didn't lean too hard but at best it seemed to sway with the rhythm of the writer's Palmer method.

About 1938 Malcolm took up residence at Peters House, that plush hotel for internes, maintained by the Rhode Island Hospital. Out of deference to house rules there emerged an era of silent creation through which Malcolm developed devices for hitching boards together without hammering. The results were pieces of furniture of artful design and ingenious workmanship, many of which are still attractive to look upon and efficient in use.

The war intervened and work in wood took the form of kitchen shelves and similarly mundane items necessitated by frequent moves. More rewarding were bits of jewelry carved from mahogany and ebony with a pen knife. They had the obvious virtue of requiring little equipment or storage space.

"In 1948 the moment came to return to private life which meant Springfield and a wonderful but empty thirteen room house. It was marvelously constructed and with that happy blend of essentially good design clut-

tered with moderately offensive excrescenses. Just exactly what a long frustrated carpenter-graduated to-cabinet maker needed. Fireplace mantel, breakfast room furniture, ingenious desks and magazine stacks for the study, tables handsome enough for the living room and the "piece de resistance" an elegant commode for the front hall—each one representing subtle refinement of design and additional technical skills. Added to the skills of planning, cutting, joining were added experiments in wood finish, gold leaf, unusual hardware. Of course when the house was completed, the furniture all made, there was nothing to do but sell it". In 1956 he built another, with Malcolm entertaining himself designing it, making a scale model and acting as sidewalk superintendent.

As an example of Allan's splendid workmanship (and generosity) there stands a beautiful cabinet in the Library of the Springfield Academy of Medicine (see cover), which he constructed several months ago. This is as functional as it is decorative serving as it does as a medical museum show case.

Malcolm has enjoyed many of his leisure hours working in his carpentry shop. This is a hobby that is most satisfying to him and wins the approval of his spouse and many friends.

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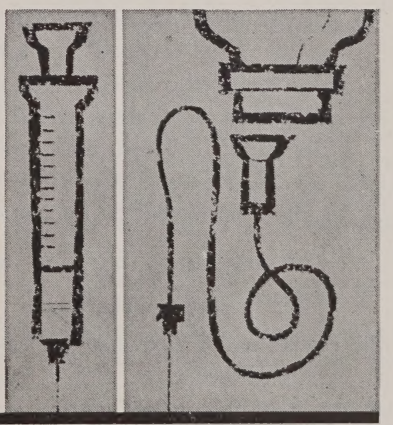

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PROPOSED BY-LAWS

INTRODUCTION

On the pages that follow the By-laws Committee presents a revision of our existing by-laws, to be acted upon by the Society at the meeting of January 31, 1961.

To facilitate the study of this revision attention is called to the following significant changes proposed by the committee:

1. Several changes for the purpose of conforming more closely with the M. M. S. These include:
   (a) Incorporation of recent M. M. S. by-law amendments applicable to District Societies.
   (b) Establishment of "Membership Committee"
   (c) Inclusion of section on "Deprivation of Membership"
   (d) Rules of procedure for the Grievance Committee, as recommended by Committee on Ethics and Discipline.

2. **Reorganization of Executive Committee**

   According to *existing* by-laws the Executive Committee "shall consist of eleven members: the four officers, the retiring President and six elected members." According to *proposed* structure, the Executive Committee "shall consist of eleven members: the four officers, the retiring President, the Executive Councilor, the Supervising Censor, the Public Relations Councilor, the Legislative Councilor, the Editor-in-Chief of Board of Editors, and the chairman of the Blue Shield District Professional Service Committee."
   (All to be elected by the Society.)

3. Clarification of purposes and functions of the several standing committees.

4. Deletion of provision for alternates to Public Relations and Legislative Committees.

5. Establishment of "Rules of Procedure" (patterned after those of Council of M. M. S.). Main purpose of these "Rules" is to allow due time for deliberation and to avert hasty or impromptu action on the part of Society.

6. Committee changes. Blue Shield District Professional Service Committee to become a standing committee, (replacing the Woman Auxiliary Committee, and the Committee on Insurance, Labor Relations and Industrial Accidents, which are to become Special Committees.

HAMPDEN DISTRICT MEDICAL SOCIETY

BY-LAWS AND RULES OF PROCEDURE

CHAPTER I.
NAME

This organization, a component of the Massachusetts Medical Society, shall be known as the Hampden District Medical Society.

CHAPTER II.
BOUNDARIES

Section 1. The boundaries of this society shall be those established by the Council of the Massachusetts Medical Society in 1955. They include: Agawam, Aldenville, Blandford, Bondsville, Brimfield, Chester, Chicopee, Chicopee Falls, East Longmeadow, Feeding Hills, Granville, Hampden, Holland, Holyoke, Indian Orchard, Longmeadow, Ludlow, Monson, Montgomery, North Wilbraham, Palmer, Russell, Southwick, Springfield, Three Rivers, Tolland, Wales, Ware, Westfield, Westover Field, West Springfield, Wilbraham, and Willimansett.

Section 2. The above boundaries are contingent upon such changes as may be made from time to time by the Council of the Massachusetts Medical Society.

CHAPTER III.
MEMBERSHIP

Section 1. The requirements for membership shall be:

(a) Legal residence or place of practice within the District boundaries.

(b) Appearance of applicant before the Secretary, before the Board of Membership if indicated (Chap. VI, Sec. 3), and before the Censors for the purpose of examination and to satisfy them that all requirements for State Society Fellowship have been fulfilled in accordance with the by-laws of the Massachusetts Medical Society.

Section 2. Extraterritorial membership shall be conferred upon Fellows credited to this District by the Executive Committee of the State Society although their legal residence is elsewhere.

Section 3. Senior membership shall be conferred upon Senior Fellows of the Massachusetts Medical Society, 65 years or older, upon their own request and provided their assessments have been paid or remitted. Senior members shall be in good standing. They may attend and address meetings of the Society and serve on committees. They shall have the right to vote and hold office. They are not required to pay dues and are not subject to assessment. (1,5)*

Section 4. Deprivation of membership of those whose assessments are one year in arrears, shall be recommended by the executive committee to The Committee on Membership of the Massachusetts Medical Society. (1,8)

Section 5. In their relations with each other, with their patients, with the profession at large and with the public, all members shall be guided by the Code of Ethics and Publicity Code of the M.M.S. and the Principles of Ethics of the A.M.A.

CHAPTER IV.
MEETINGS

Section 1. The annual meeting shall be held at least three weeks before the

* Parenthetical figures refer to the By-Laws of The Massachusetts Medical Society as amended in 1960.

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annual meeting of the Massachusetts Medical Society.

Section 2. At least three other, or regular, meetings shall be held annually at such time and place as designated by the Executive Committee of this Society.

Section 3. Special meetings may be called by the President, or by the vote of the Executive Committee, and shall be called at the written request of twenty-five members.

Section 4. Attendance of at least fifty (50) per cent of the District meetings is mandatory during each of the first two years of membership in the District Society.

Section 5. The rules contained in Robert's Rules of Order, Revised, shall govern the Society in all cases to which they are applicable, and in which they are not inconsistent with the by-laws or the special rules of order of either the District or State Society.

Section 6. Fifty members shall constitute a quorum.

CHAPTER V.

ELECTION OF OFFICERS, COUNCILORS AND COMMITTEES

Section 1. The Society at its annual meeting, on nomination by the Nominating Committee or from the floor, shall elect by vote (using ballots providing there is a contest) officers, councilors and committees for a term of one year as follows:

(a) President; Vice-President, who shall be president-elect; Secretary; and Treasurer.

(b) Councilors, who shall be elected in number equal to one for every twenty-five active and senior members and a majority fraction thereof or such other ratio as the Council of the Massachusetts Medical Society shall choose, as of the first day of January preceding.

(c) Four Censors and a Supervising Censor.

(d) A Commissioner of Trials.

(e) To the committees of the State Society: A member of the Committee on Public Relations and Legislation, a member and alternate member of the Committee of Nominations, and a member of the Committee on Tax-Supported Medical Care.

(f) An Editor-in-Chief of the Board of Editors, and a chairman of the Blue Shield District Professional Service Committee.

Section 2. These officers shall take office at the close of the next annual meeting of the State Society.

Section 3. Only Councilors shall be eligible as Supervising Censor and as members of the State Committees on Public Relations and on Legislation. Only Councilors who have held this office for at least one year shall be eligible as members and alternates to the State Committee on Nominations. Members of, and alternates to the Committee on Nominations shall not serve for more than five consecutive years thereafter. Only Fellows who have been members of the State Society for at least ten years shall be eligible as Censors or Supervising Censor. The term of the Supervising Censor shall be five years. All Supervising Censors shall have been Censors previously.

Section 4. The Councilors-elect of the District Society shall meet at or shortly after the Annual Meeting of the District Society and elect two of their number to serve as member and alternate of the Executive Committee of the State Society. (III,6)

Section 5. Members of and alternates to the Executive Committee of the Council shall serve for three years and be eligible for re-election for another term. They shall

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not succeed themselves after a second term nor be eligible for re-election during the three years following completion of a second term. The term of office of the alternate shall be concurrent with the term for which the members was elected. Vacancies that occur during the term of office of such member or alternate shall be filled promptly by vote of the Councilors of the District Society, ad interim. (III,6)

CHAPTER VI.
DUTIES OF OFFICERS

Section 1. The president shall preside at all meetings of the District Society and of the Executive and Grievance Committees. He may, at his discretion, call a meeting of this Society or of any of its committees. He shall name the members of all committees except as otherwise specified, and shall, with the approval of the Executive Committee, make appointments to fill vacancies ad interim in the office of Councilor, Censor and Commissioner of Trial. He shall be a member of the Board of Membership, and a member ex-officio of all committees, except that on nominations. He shall be, ex-officio, a Councilor and a Vice-President of the Massachusetts Medical Society. He shall upon retiring from office become a member of the Executive and Grievance Committees for a term of one year. (III,6)

Section 2. The Vice-President shall be the President-Elect. He shall in the absence of the President perform all the duties of the President. He shall assist the President in the performance of his duties in such a manner as the President may direct and in so doing shall be considered to represent the President. At the annual meeting of the District Society following the annual meeting at which he was elected, he shall assume the office of President. He shall be a member ex-officio of all committees except the committee on nominations. At the annual meeting at which he assumes the office of President he shall nominate the members of standing and special committees except as otherwise specified.

Section 3. The Secretary shall have custody of the by-laws, records and other papers of the Society. He shall keep a record of all its doings. He shall send to each member a notice of each meeting. He shall read at each meeting such communications as the President may direct. He shall notify committee members of their appointments and duties. He shall keep a directory of members. He shall perform such other duties as specified in the by-laws of the Massachusetts Medical Society, and in addition such other duties as the Society, the President, the Executive Committee, or the Council of the Massachusetts Medical Society or its Executive Committee may require.. (III,7)
He shall make a copy of these by-laws available to every member and to each new member upon admission to this Society. He shall be a member ex-officio and act as secretary of the Executive and Grievance Committees, of the Board of Censors and of the Board of Membership. (V,1,2&3)
He shall, ex-officio. be a Councilor. (IV,2)
Upon request he may be assigned an Assistant-Secretary, who shall be elected by the Executive Committee.

Section 4. The Treasurer shall collect assessments and shall account for all receipts and all disbursements of all funds of the District Society. He shall furnish a list of Fellows six months in arrears to the Committee on Membership. (III,8)

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Section 5. The President, Vice-President, Secretary and Treasurer shall serve also as members ex-officio of the Executive and Grievance Committees, with power to vote.

CHAPTER VI.
COMMITTEES

There shall be the following standing committees, appointed by the President, unless otherwise provided by these By-laws or by those of The State Society.

Section 1. **Executive Committee.**

(a) This Committee shall consist of eleven members: the four officers, the retiring President, the Executive Councilor, the Supervising Censor, the Public Relations Councilor, the Legislative Councilor, the Editor-in-Chief of the Board of Editors. and the chairman of the Blue Shield District Professional Service Committee.

(b) Six members shall constitute a quorum.

(c) It shall meet monthly, except during July and August, and at such other times as may be needed, at the call of the President.

(d) It shall be the function of this Committee to advise the President, and to exercise all the powers of this Society except such as by these by-laws or by those of the State Society are to be exercised exclusively by the membership. It shall be responsible for the program of each meeting. It shall endeavor to coordinate the work of the District with that of the State Society.

(e) It shall elect immediately after each annual meeting a Board of Editors for the Hampden Hippocrat, exclusive of the Editor-in-Chief, for their willingness to serve and preferably in accordance with their geographic and hospital distributions.

(f) It shall, through the Treasurer, recommend to the District Society such dues and assessments as may be needed.

(g) It shall serve also as the Grievance Committee.

Section 2. **Grievance Committee**

The members of the Executive Committee shall serve also as the Grievance Committee. It shall concern itself with grievances against physicians from either patients or other physicians, in accordance with rules suggested by the Committee on Ethics and Discipline of the Massachusetts Medical Society, which are as follows:

(1) Only complaints in writing should be received.

(2) Copies of such letters should be sent to the physicians involved for their consideration.

(3) Matters of medical ethics that might result in deprivation of membership should be referred to the State Committee on Ethics and Discpline.

(4) Disagreements regarding fees should be adjusted by district committees as far as possible. Where settlement cannot be reached, the matter should be referred to the Committee on Ethics and Discipline.

Section 3. **Board of Membership.**

(a) The Board of Membership shall consist of the President, Secretary and Supervising Censor. The Supervising Censor shall be chairman and the Secretary, secretary.

(b) It shall interview and consider, as provided in the by-laws of the Massachusetts Medical Society, each applicant for membership who is a graduate of a discontinued, foreign or unapproved medical school.

(c) It shall consider as provided in the by-laws of the Massachusetts Medical Society, applicants for readmission whose memberships were terminated as a

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Section 4. **Public Relations Committee.**

(a) This committee shall consist of the Public Relations Councilor, who shall serve as Chairman, and at least four members appointed by the President.

(b) It shall concern itself with immediate and long-range plans for improving relations between members of the Society and the public, utilizing all available media. It shall consider all matters of public relations referred to it by the Society or by the Committee on Public Relations of the Massachusetts Medical Society.

Section 5. **Legislative Committee.**

(a) This committee shall consist of the Legislative Councilor, who shall serve as Chairman, and at least four members appointed by the President.

(b) It shall consider all legislative matters referred to it by the Society or by the Committee on Legislation of the Massachusetts Medical Society, and shall be auxiliary to and under the direction of that Committee.

Section 6. **Board of Editors.**

(a) This Board shall consist of Editor-in-Chief, Assistant Editor, Secretary and Business Manager, Assistant Secretary and Business Manager and eight (8) Associate Editors.

(b) It shall be elected as follows: The Editor-in-Chief, who shall serve also as a member of Executive Committee, shall be elected by the Society at its annual meeting. All other members shall be elected by the Executive Committee in accordance with Section 1 (e) of this chapter.

(c) It shall publish, as the official bulletin of the District Society, The Hampden Hippocrat, at least four times a year.

(d) The Assistant Editor shall aid the Editor-in-Chief and shall assume his duties as the need arises.

(e) The Associate Editors shall cooperate with the Editor-in-Chief and shall contribute such written material in the fields of journalism, literature and socio-economics as may come to their attention, or as assigned by the Editor-in-Chief.

Section 7. **Nominating Committee.**

This Committee, which shall consist of at least three members, shall be appointed by the President at the first meeting following the annual meeting. It shall bring in a written report at the annual meeting. (III,5)

Section 8. Blue Shield District Professional Service Committee.

This committee shall consist of a chairman, elected annually by the Society, and at least five other members appointed by the president.

(a) It shall serve as a liaison between the Society and the Central Professional Service Committee of the Massachusetts Medical Society.

(b) It shall consider all Blue Shield matters referred to it by the Society or by the Central Professional Service Committee of the Massachusetts Medical Society.

(c) It shall confer, when requested, with members on matters pertaining to Blue Shield.

Section 9. **Committee on Malpractice and Medico-legal Affairs.**

This committee shall consist of four members one of whom shall be appointed annually by the President for a term of four years.

(a) It shall confer, when requested, with members on matters of litigation.

(b) It shall meet with a similar committee of the Hampden Bar Association on medico-legal problems.

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Section 10. **Public Health Committee**
This committee shall consist of at least five members.
(a) It shall foster the knowledge of the prevention and treatment of disease by any appropriate measures in the field of public health.

Commissioner of Trial
The Commissioner of Trial shall serve on Boards of Trial as provided in the by-laws of the M.M.S. (VIII,2)

CHAPTER VIII.
AMENDMENTS

Section 1. These by-laws may be amended by a two-thirds majority of those present and voting at any stated meeting of the District Society, provided the proposed amendment or amendments shall have been published in The Hampden Hippocrat before the call of the meeting. Publication of such proposals in the issue of The Hampden Hippocrat just preceding any stated meeting shall constitute written notice.

Section 2. Upon acceptance of these by-laws, any previous by-laws of the District Society are thereby rescinded.

RULES OF PROCEDURE OF THE HAMPDEN DISTRICT MEDICAL SOCIETY

Rule 1. All new business offered at Society meetings shall be referred by the President to the appropriate committee which shall submit recommendations at the next stated meeting, before action is taken by the Society.

Rule 2. Rule 1 may be suspended by a vote of two-thirds of those present and voting that the matter under consideration is sufficiently urgent to warrant immediate action by the Society.

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Harry Memery, M.D.
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DOCTOR SMEAD APPOINTED DIRECTOR OF MEDICAL EDUCATION

James L. Smead, M. D., Springfield has been appointed Director of Medical Education and Research at the Springfield Hospital.

Dr. Smead, who will assume the directorship on January 16, 1961, has practiced in Springfield since 1926. He has discontinued his office practice but will retain surgical privileges at the hospital for consultation work.

Born in Greenfield, Dr. Smead graduated from Dartmouth College, and received his M. D. from Harvard University. He interned at the Hartford Hospital. He is a former president of the Hampden District Medical Society, has served as a Councilor for several years, and as Executive Councilor in 1951, and again in 1958. He has served also as a member of the Blue Shield Committee. On state level, he has been a member of the Committee on Postgraduate Education, and also the committee to investigate Blue Shield prob-

lems.

At the Springfield Hospital Dr. Smead served as Surgeon-in-Chief, and also as President of the Staff. He is a member of the American College of Surgeons, the New England Surgical Society and is a Diplomate of the American Board of Surgery.

Dr. Smead served briefly in the Army in World War I, and was in the Navy Medical Corps during World War II, at one time commanding a Navy Hospital at the Port of Cherbourg in France. He is a retired Navy Captain.

Dr. Smead and his wife live on a 312 acre farm in Buckland, where he works at his hobby of forestry.

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Thiamine Mononitrate (B_1)	3 mg.
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Pyridoxine HCl (B_6)	3 mg.
Vitamin B_{12} (cobalamin concentrate)	3 mcg.
Niacinamide	25 mg.
d, Calcium Pantothenate	5 mg.
Folic Acid	0.5 mg.
Menadione (K)	1 mg.
Vitamin E (dl, alpha tocopheryl acetate)	1 Int. Unit
Magnesium	3 mg.
Manganese	1 mg.
Copper	1 mg.
Zinc	1 mg.
Molybdenum	0.2 mg.
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Dear Hippocrat:

This matter of professional public relations has assumed greater importance than ever before because we live in an era of pressure politics and propaganda. The opposition to free and voluntary medicine is well organized while we are not.

The recent presidential campaign showed this well. In all the oratory on the plight of the aged, nobody, as far as I know, not even the A.M.A., mentioned the free medical care which is given voluntarily every day and every week by the doctors in every community in the country. Here is a field where we are giving a lot of positive action but not receiving any positive credit. It makes one almost wonder if we are to lose the privilege of giving free care in our offices and hospitals! But nobody has promised us that either!

The fact is, of course, that there is in our work as much potential for good will and public approbation as ever—if only we will become more positive in our own interests. Voluntary low-fee or no-fee care in the wards of our hospitals or anywhere else is a tremendous source of strength for our profession. But we do not even mention it in our own defense!

We can easily change this, and no more crucial time will ever come to do so.

The A.M.A. last week announced it will oppose with all its strength the new administration's efforts to tie in medical care with social security. Also last week New Zealand turned its back on the welfare state after many years of it, and voted in a conservative government. England has done the same. The pendulum *does* swing back and voluntary medicine administered locally is not yet lost in this country.

What we need is:

1. A few more good ideas carefully worked out and administered by our public relations committee.
2. Allocation of a small budget and, most important,
3. The well considered backing of our membership.

Specifically, here is one suggestion which might yield large results at a small cost. When a patient recovers from a serious illness as a ward patient at one of our hospitals he often goes home with no realization of the time, effort, care, and skill the doctors

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have given him at no charge. Perhaps this Society could send him and his family a simple form statement reading something like this:

The Hampden District Medical Society

It is a pleasure to note your recovery from your recent illness.

The physicians of Hampden District were happy to give their service without remuneration and trust that your recovery will continue smoothly.

.....Secretary

As a pilot study a few hundred letters such as this could be sent out, the reaction evaluated, and the program adjusted and enlarged accordingly. If we all cooperate to a small degree such a program can help much to restore our esteem with the public and also our bargaining position.

If we add other positive approach techniques as we think them up we will quickly find we are making positive progress instead of being forced to continue our posture of embarrassed self defense.

David W. Williams, M. D.
Springfield

ACADEMY

February Meeting

At the February 14 meeting of the Springfield Academy of Medicine the speaker will be Edward D. Freis, M.D., Senior Medical Investigator, Veterans' Administration Hospital, Washington, D. C. The Clinical Conference will be held at the Wesson Memorial Hospital, at 5 p.m.

March Meeting

The speaker at the March 14 meeting will be Harry Shwachman, M. D., Associate Clinical Professor of Pediatrics, Children's Hospital Medical Center, Boston. His topic will be "Inborn Errors of Metabolism". The Clinical Conference will be held at the Mercy Hospital at 5 p.m.

QUOTE OF THE MONTH

"Some 600 first year students drop out in this country for academic reasons each year. If this number could be decreased, each 100 thus salvaged would be the equivalent to the formation of a new medical school."

Perry Culver, M. D.,
Associate Dean,
Harvard Medical School

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THE HOUSE OF DELEGATES OF THE A. M. A.

It seems appropriate to inform the membership concerning the functions and methods of the House of Delegates of the A. M. A. and since I attended the recent meetings in Washington as an alternate delegate, I am in a position to give a first-hand report on what took place.

The business of the A. M. A. is carried on in a most democratic manner and with considerable expedition. The intitial meeting is called on Monday morning and reports of various committees are presented and then referred to the appropriate Reference Committees by the Speaker of the House. At this time, all new resolutions are also handled in the same manner. The officers give their reports, the representatives of the student A. M. A. speak, the general practitioner of the year is designated, the States present checks to the AMEF, and the president of the A. M. A. auxiliary speaks. Following adjournment, the real work begins.

The Reference Committees meet; and in these meetings, the subject under discussion is debated at length by all interested parties. It is most important to realize that any doctor can appear before these committees and state his case. Debate is practically unlimited and the Reference Committee can ask experts in the field to appear if they so desire. These meetings consume most of Tuesday, and then the Reference Committees write their reports with their recommendations. This may well keep them busy most of the night.

On Wednesday, the House reconvenes and the reports are presented by the chairman of the Reference Committee. These reports are then discussed by the delegates and accepted with their recommendations, modified, or defeated, as the case may be. This process may go through Thursday or be completed Wednesday night, depending upon the amount of oratory involved.

The Massachusetts delegates are very active in all the discussions, and I am sure everyone realizes that Dr. Norman Welch, a Massachusetts delegate, is the present Speaker of the House.

The New England delegates met every morning at 7:30 for breakfast, and various delegates chose or were assigned to the different hearings so

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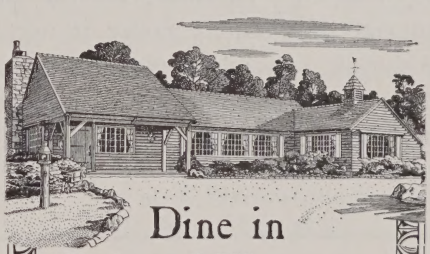
that a complete survey of what was going on could be developed and reported at our next meeting. At these breakfasts, it was also possible to have discussions of our own on the subjects before the House and individual decisions arrived at on the basis of the knowledge presented.

Some of the accomplishments at this meeting were: (1) the development of a proposed program for scholarship and loan money to be available for talented young men in medical schools. This program is to be developed in hopes to attract increasing numbers of well-qualified young people to our profession. It is hoped that State and district medical societies will also be interested in this program, and it is because, at least in part, of this program, that it was voted to consider increase in the dues to the AMA at the next meeting. (2) The whole problem of foreign medical graduates was discussed at length, and I might add that there were two resolutions from Massachusetts that were considered. This is a very complex problem, and I suggest that the final report as published in the Journal of the AMA at a later date, be read with care. All factors being considered, it seems like a fair compromise. (3) A resolution was adopted directing the Board of Trustees and the Council on Medical Service to co-ordinate the efforts of the various Blue Shield plans, the American Hospital Association, private insurance carriers, etc. in order to develop a more co-ordinated, voluntary health insurance plan. (4) the House reaffirmed the Association's support of the Kerr-Mills Bill and again opposed the use of OASDI mechanism for medical aid to the aged. It urged the cooperation of all State and local medical societies in the development and implementation of the provisions of the Kerr-Mills Bill. A variety of other subjects were considered concerning such things as oral polio vaccine, the establishment of health insurance fee schedules for surgical assistants, the development of a retirement and disability insurance program for AMA members, the level of blood alcohol at which a patient would be considered intoxicated, and many other significant problems.

One very important point was discussed at some length and it was recommended that all those who are not members of the AMA be urged to become so, and in Massachusetts, this is of particular significance since if our level of AMA members drops but a few, we will be deprived of a delegate; and if all the registered physicians in Massachusetts were members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of the AMA, we would have ten delegates instead of six.

Let me conclude by saying I consider it a privilege to have attended the House of Delegates meeting even though I went as an alternate delegate and had no vote. I would urge you all to read the reports as published in the AMA Journal and to attend the meetings whenever possible.

Donald R. Hayes,
Alternate Delegate to
House of Delegates, AMA.

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For the first time in its sixteen year history the American Cancer Society reported it is unable to provide the amount of research money it needs. Although research projects call for more than $9 million, the society says its $28,400,000 raised this year won't cover the cost.

Cover Photo by Henry G. Ring, M.D.

IT IS INTRESTING TO NOTE THAT

In 1951, one out of every four faculty members in U. S. medical schools held a full-time appointment, in 1960 the proportion was one out of every three.

Aspirin makers think sales of the pills may be an economic indicator. When the economy slumps, more people treat minor illnesses with aspirin rather than seeing doctors, the **Wall Street Journal** quotes one firm. Producers find aspirin sales have spurted more than usual in recent months, but still haven't increased at the 1958 recession rates.

Drafting of doctors, unnecessary for nearly four years, will be resumed unless more young physicians volunteer for military service, says the Defense Department. The draft law now on the books extends to 1963.

More than 98% of all physicians give free medical care, and that 60% of all doctors devote 10% or more of their working hours to such work.

Three hundred and thirty-four students now in medical, dental, and nursing schools have received scholarship aid totaling $75,000 from the Mass. Medical, Dental, and Nursing Scholarship Board.

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B. U. PLANS 6-YEAR COURSE

An unusual six-year program of pre-medical and medical school education will be instituted next fall at the Boston University School of Medicine, President Harold C. Case announced recently.

It will lop two years from the traditional medical training period by eliminating repetition of subjects already studied in high school and by taking full advantage of summer study.

Students will attend classes 11 months each year, instead of the traditional nine-month terms.

Boston University will accept applications under the new program for its 1961 freshman class. This would mean that for the first time, Boston University freshmen next year will be accepted directly into the medical training curriculum.

Applicants must be well prepared in the areas of English, mathematics and the sciences, a university spokesman said.

As the medical curriculum begins, vacancies left by those students who have withdrawn will be filled by applicants who have completed a conventional four-year college course.

THE PROBLEM

"Alcoholism and alcoholics form one of the worst and largest problems of American society today. Alcoholism has more direct and indirect victims, lasts longer, more dramatically impairs the very structure of society and entails enormously greater costs than most of the other ills that receive concerted attack from voluntary groups, foundations and government. More than most of them combined."

Selden Bacon, in the New York Times

AEROSPACE MEDICINE

The Aerospace Medical Department of Westover is willing to present an Aerospace Medical Symposium on some Wednesday in the near future if the physicians in this area would be interested to attend. This would be an all-day affair followed by cocktails and dinner in the evening. A prominent speaker will present a general SAC briefing. The symposium will be presented 4 - 6 weeks after a sufficient number of physicians have indicated interest in it.

Col. I. Louis Hoffman,
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A group of 12 unions is planning on setting up their own retail outlets. The unions say the cost of prescription drugs has become prohibitive for the average family The first store opens in New York early next year.

CHAPTER V, SECTION 9

"Attendance of at least (50) per cent of the District meetings is mandatory during each of the first two years of membership in the District Society."

ATTENTION COMMITTEE CHAIRMEN

In order to shorten the coming Annual Meeting the Executive Committee voted the following:

Reports which are purely informational in character may be published in the Hippocrat. The only requirements are: (1) that the report not exceed the maximum of 300 words, and (2) that the report reach the desk of the Editor-in-Chief not later than March 20.

These reports will appear in the April issue of the Hippocrat prior to the Annual Meeting.

Reports containing "recommendations" will still have to be presented at the Annual Meeting.

Chairmen of sub-committees will not present reports at the Annual Meeting. They will report instead to their respective Parent Committees.

Your co-operation is urgently requested.

Ray T. Smith, M. D.
Secretary

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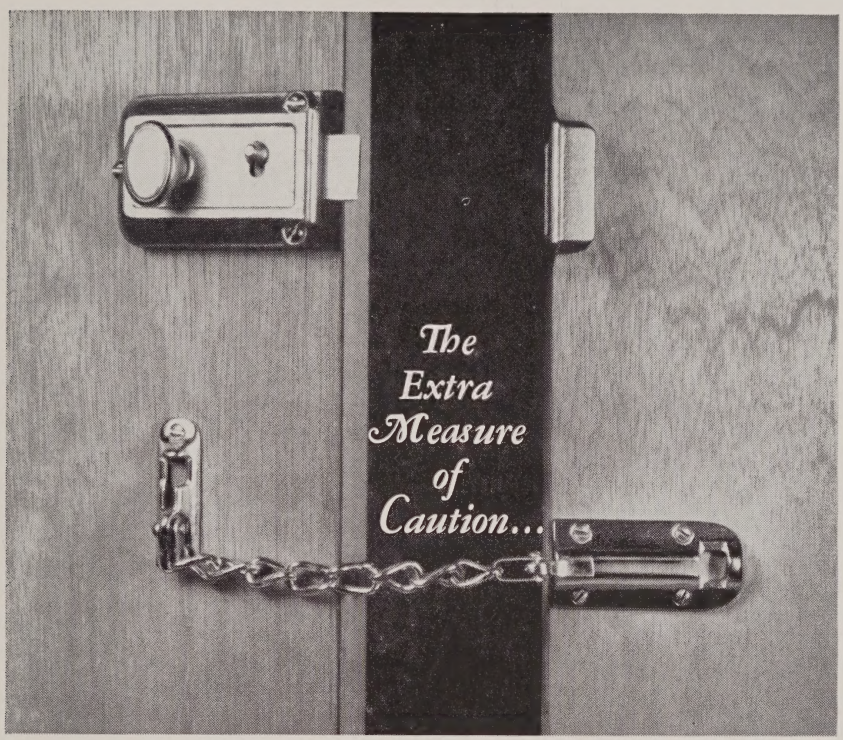

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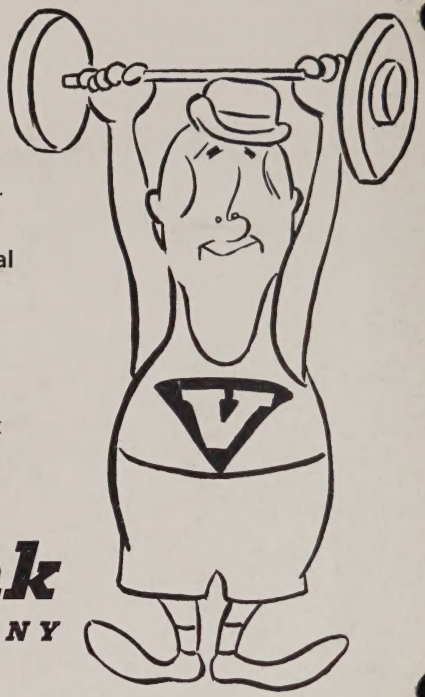

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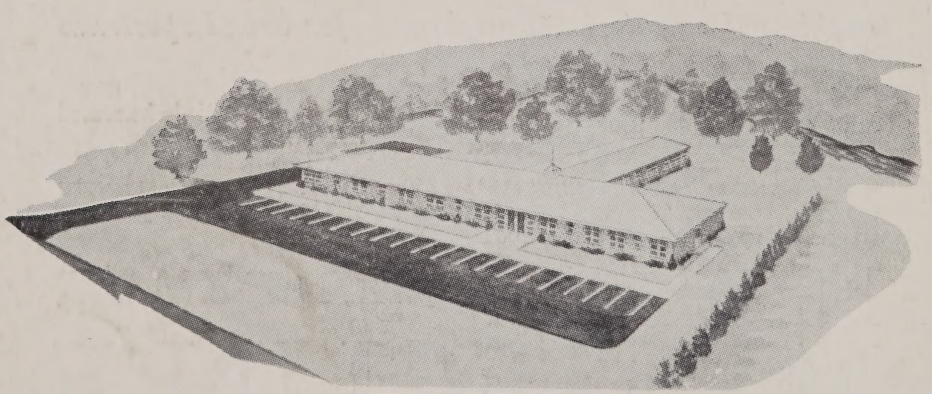

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